# LINDSEY M. MURPHY

(FORMERLY LINDSEY M. ZALEUKE)

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6359 Alexandra Court, Independence, KY 41051

## **EDUCATION**

MASTERS IN EDUCATION

University of Missouri-Columbia

Columbia, MO

Mental Health Practices in Schools

Expected Graduation Date: December 2012

Cumulative GPA: 4.0

BACHELOR OF SCIENCE

Missouri State University (December 2008)

Springfield, MO

Child and Family Development, emphasis in Child Life

Magna Cum Laude honors

Cumulative GPA: 3.79, Major GPA: 3.81

**CERTIFICATIONS** 

CPR & AED: Adult, Child, & Infant Trach & Ventilator Emergency Care Certified Child Life Specialist

# RELATED WORK EXPERIENCES

# CINCINNATI CHILDREN'S HOSPITAL MEDICAL CENTER

Cincinnati, Ohio

Certified Child Life Specialist

Emergency Department (January 2009 - September 2010)

Division of Developmental & Behavioral Pediatrics (September 2010 – present)

- Advocate for children and families by collaborating with others in creating plans of care for each individuals needs
- Empower and guide children and families to find their positive coping skills during times of stress and help them utilize those during their healthcare encounter
- Continually assess developmental age of children in order to better meet their needs within the
  hospital setting and to enable continued growth in development throughout their stay
- Educate patients and families at developmentally appropriate levels about procedures, surgery, trauma, and new diagnosis
- Collaborate with a team of interdisciplinary staff in order to facilitate the best care possible for each family through continuous communication

# DREAM BIG DAY CAMP Denver, Colorado

Group Leader (June 2007 – August 2007)

- Managed the daily activities for 10-15 children between the ages of 4 to 7 years old
- Communicated daily progress of children both verbally and through written reports to the camp directors and parents
- Made effective adjustments within activities to further enhance each child's skill level and confidence

# MISSOURI STATE UNIVERSITY RESIDENCE LIFE Springfield, Missouri

Resident Assistant (August 2006 – May 2007)

- Established a trusting community of girls ages 17-24 by counseling, supporting, and assessing their current needs as residents regularly
- Created programs to educate residents about critical issues including: diversity, chemical abuse, personal development, relationships, security, and academic performance

# WEST COUNTY YMCA: Camp Seneca Chesterfield, Missouri

Camp Counselor (May 2006 – August 2006)

- Supervised 15+ children ages 5-13, including children with special needs
- Documented children's activity and needs while at camp on a daily basis
- Communicated with parents about children's progress during their participation in camp

# RELATED TRAINING EXPERIENCES

# CINCINNATI CHILDREN'S HOSPITAL MEDICAL CENTER

Child Life Intern (September 2008 – December 2008), 600 hours

• Completed a 6-week rotation in the Emergency Department focusing on procedural preparation/support, trauma interventions, bereavement services, and alternative focus techniques

Cincinnati, Ohio

- Completed clinical rotations in the following inpatient & outpatient areas: Transitional Care Center, Medical Surgical Unit, StarShine Hospice, Division of Developmental & Behavioral Pediatrics
- Worked directly with patients and families concentrating on fundamental child life skills including assessment, therapeutic interventions, and family-centered care
- Managed activity center program and supervised volunteers
- Collaborated with a team to developed a sibling support kit to send home that fosters sibling relationships, family communication & support outside the hospital
- Worked as part of the interdisciplinary team by participating and presenting in medical rounds

# THE CHILDREN'S HOSPITAL Denver, Colorado

Child Life Practicum Student (June 2007 – August 2007)

- Observed Child Life interventions in the Emergency and Teen Departments
- Adapted therapeutic play activities to meet the physical and developmental needs of patients in group settings and at bedside
- Participated in special events including a prom for the Oncology Unit and a magic show in the Emergency Department
- Developed a brochure for the new hospital's Teen Department

# CHILD DEVELOPMENT CENTER, Missouri State University Springfield, Missouri

Student (August 2007 - December 2007, June 2008-August 2008)

- Planned and implemented developmentally appropriate activities for children 2 years old and infants under 2 years of age
- Created portfolios of the development of two children's development including: physical, social, emotional, language, and cognitive development

# UNIVERSITY CHILD CARE CENTER, Missouri State University Springfield, Missouri Student (January 2006 – May 2006)

Implemented developmentally appropriate activities for children 3 years old

# RELATED VOLUNTEER WORK

#### ANNIE'S HOPE: The Bereavement Center for Kids St. Louis, Missouri

Camp Courage Cabin Counselor Volunteer (June 2008, 2009)

- Supervised and provided grief support for 9 year old girls
- Created activities that enabled the children to gain coping skills and grieve in a healthy manner

# PROJECT JOY: Healing through the Power of Play

Volunteer, (October 2008)

- Empowered children and families through therapeutic play activities
- Promoted positive life skills by leading the Project Joy family pledge

# LOST & FOUND: A Place for Hope through Grieving Springfield, Missouri

Volunteer (February 2008 – August 2008)

- Formed an activity book to assist with the children's grieving process while at home
- Created posters and discussion cards for group time

#### COXHEALTH SOUTH Springfield, Missouri

Child Life Volunteer (October 2006 – August 2008)

- Offered bedside activities to pediatric patients, of all ages, unable to come to the activity room
- Developed therapeutic play activities to meet the developmental needs of patients and siblings
- Assisted with Pet Therapy and special visitors

# CAMP BOGGY CREEK: A Hole in the Wall Camp Eustis, Florida

Cabin Counselor Volunteer (June 2006)

- Supervised a group of 8-10 year old children with HIV, AIDS, and other immunology diseases in daily camp activities
- Communicated with staff to create therapeutic and enjoyable experiences for the campers according to their present needs

#### ORGANIZATION INVOLVEMENT

#### CHILD LIFE COUNCIL

Member, (January 2006 – Present)

- Utilize forum to stay actively involved and up-to-date on current issues in the field
- Attended CLC endorsed conferences to network and grow as a professional

# CHILD LIFE STUDENT ASSOCIATION, Missouri State University Springfield, Missouri

Co-President and Founder, (May 2007 – August 2008)

- Created an organization on the Missouri State campus for students interested in Child Life for the purpose of educating and networking
- Planned educational opportunities for members and the surrounding community
- Worked closely with local hospitals to plan and implement activities for children and staff

# **OPERATION SMILE, Missouri State University**

Event Planner, (August 2007 - August 2008)

• Contributed to fundraising efforts to secure surgeries for 6 children

# **PRESENTATIONS**

- Zaleuke, L. (December 2008). "Case Study: Non-accidental Trauma Treatment & Issues". Cincinnati Children's Hospital Medical Center, Cincinnati, OH.
- Zaleuke, L., Clark, K., & Bennett, R. (December 2008). "S.O.S Project: Supporting Our Siblings".
   Cincinnati Children's Hospital Medical Center, Cincinnati, OH.
- Zaleuke, L., Clark, K., & Shaw, K. (June 2010). "Hit the Ground Running: A Panel Discussion of 1st Year Child Life Specialists". National Child Life Council Conference, Phoenix, AZ.
- Murphy, L. (Quarterly March 2011-present). "Child Life in the Division of Developmental & Behavioral Pediatrics: An Overview". Cincinnati Children's Hospital Medical Center, Cincinnati, OH.

# **COMMITTEE INVOLVEMENT**

- 2009 Child Life Council Evidence Based Practice Task Force
- 2010 Great Lakes Child Life Conference Planning Committee
- 2010 -2011 Cincinnati Children's Child Life Outpatient Practice Council
- 2011 Cincinnati Children's Child Life Department Strategic Plan Task Force Initiative 14, Goal 6
   (Assessing and distributing resources based on patient vulnerability)
- 2011 Cincinnati Children's Child Life Department EPIC project (charting)
- 2011 Cincinnati Children's Candidate for Outpatient Practice Council chair-elect (elections April 2011)

## PROFFESIONAL DEVELOPMENT

Child Life Council Conferences:

2008 Midwest (St. Louis, MO)

2008 Great Lakes (Columbus, OH)

- "The Impact of Child Life on Services Provided by a Sedation Team: Playing Doctor with the Doctors"
- "Good Grief: Bereavement Care in the PICU and ED"
- "Teaching Patients Pill Swallowing"
- "Will I Be Awake? The Development of a Pediatric Sedation Team"
- "Got Camp?"

# 2009 National (Boston, MA)

- "The Humor Potential"
- "Temperament & Personality: Child Life Assessment, Interventions, & Research"
- "CHYPS (Children and Young People's support) and Chocolate: A Children's Survival Kit for Bereavement"
- "Expanding the Horizon: Integrating Alternative Therapies into a Child Life Program"
- "The Magic of Camp: Promoting Resilience through Fun"
- "Our Journey: Starting a Non-Profit Organization Dedicated to Providing Child Life Services Beyond the Hospital Walls"
- "Child Life: Champions of Patient and Family Centered Care"

# 2009 Great Lakes (Columbus, OH)

- "Children Haven't Changed, Childhood Has"
- "Help Me Say Goodbye: Helping Parents Facilitate Difficult Conversations with Siblings Surrounding a Death"
- "What's in that Mary Poppin's Bag?"
- "Activities that Strengthen Children's Capacity for Self-Regulation and Stress Management"

### 2010 National (Phoenix, AZ)

- "The Role of Playfulness in Healing and Strengthening Children"
- "Research makes 'Scents': Using Essential Oils in the Emergency Department"
- "Systematic Delivery of Psychosocial Support Services for Children and Adolescents during Emergency Responses"
- "From ICU to Death: Helping Children Cope with the Traumatic Event of a Sibling or Parent"
- "To Sedate or Not: A Child Life Assessment"
- "The Hospice Child Life Specialist"

#### 2010 Great Lakes (Cincinnati, OH)

- "Laughter Yoga"
- "Navigating the Craft of Child Life Services in Unknown Waters"
- "Teen Talk: Adolescents in the Hospital Setting"
- "A Process of Delivering Difficult News: A Team Approach"
- "How to Find it, Do it, Share it"

#### Cincinnati Children's Hospital Medical Center Programs:

- 2009 "What Do I Say To The Parents? Learning From the Stories"
- 2009 Emergency Department Trauma reviews (x4)
- 2009 "Gay, Lesbian, & Straight Education Network"
- 2009 Puppetry Skills Lab
- 2009 "Family Presence in the Emergency Department"
- 2009 Coping with Change Skills Lab
- 2010 Crucial Conversations
- 2011 Clinical Supervision

# Community Programs:

- 2010 "The Motivational Breakthrough: 6 Secrets to Turning on the Tuned-Out Child"
- 2010 "Special Olympics: Advancing the Health of People with Intellectual Disabilities"

#### REFERENCES

• Available upon request

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- 2008 Cincinnati Children's Child Life Department Case Study
- 2008 Cincinnati Children's Child Life Department S.O.S project (Supporting Our Siblings)
- 2010 National Child Life Council Conference (Phoenix, AZ)
   "Hit the Ground Running: A panel discussion of 1st year Child Life Specialists"
- 2011 Cincinnati Children's Child Life Orientation to Medical residents (quarterly)

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- 2009-2010 Cincinnati Children's Emergency Department Professional Inquiry Council
- 2010 Great Lakes Child Life Conference Planning Committee
- 2010 -2011 Cincinnati Children's Child Life Outpatient Practice Council
- 2011 Cincinnati Children's Child Life Department Strategic Plan Task Force Initiative 14, Goal 6 Task Leader (Assessing and distributing resources based on patient vulnerability)
- 2011 Cincinnati Children's Child Life Department EPIC project (charting)
- 2011 Cincinnati Children's Candidate for Outpatient Practice Council chair-elect (elections April 2011)

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- "What's in that Mary Poppin's Bag?"
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- "Navigating the Craft of Child Life Services in Unknown Waters"
- "Teen Talk: Adolescents in the Hospital Setting"
- "A Process of Delivering Difficult News: A Team Approach"
- "How to Find it, Do it, Share it"
- Cincinnati Children's Hospital Medical Center Programs:
  - 2009 Pain Management Assessment
  - 2009 Trauma Resuscitation Workshop
  - 2009 Mosby Test: De-Escalation & Restraints Prevention
  - 2009 Diversity & End of Life Care Teleconference
  - 2009 "What Do I Say To The Parents? Learning From the Stories"
  - 2009 "Gay, Lesbian, & Straight Education Network"
  - 2009 Traumatic Stress in Emergency Department Workers
  - 2009 Family Presense in the Emergency Department
  - 2009 Diversity Awareness: Making it Work
  - 2009 National Patient Safety Goals
  - 2009 Puppetry Skills Lab
  - 2009 "Family Presence in the Emergency Department"
  - 2009 Coping with Change
  - 2009 Child Life & Integrative Care
  - 2009 CITI Training: Collaborative Institutional Training Initiative
  - 2009-2010 Emergency Department Trauma reviews (x4)
    - 2010 Crucial Conversations
    - 2010 Child Life Skills Lab: Educational Resources
    - 2010 Age Specific Care: Newborns
    - 2010 Age Specific Care: Infants
    - 2010 Age Specific Care: Preschoolers
    - 2010 Age Specific Care: Toddlers
    - 2010 Age Specific Care: School-Age Children
    - 2010 Age Specific Care: Adolescent
    - 2010 Age Specific Care: Adults
    - 2010 PIRC: Changing the outcome through an improved referral process
  - 2009-2011 Safety College (yearly)
  - 2009-2011 HIPAA Training
    - 2011 Integrity
    - 2011 Preceptor Development Workshop
- Community Programs:
  - 2010 "The Motivational Breakthrough: 6 Secrets to Turning on the Tuned-Out Child"
  - 2010 "Special Olympics: Advancing the Health of People with Intellectual Disabilities"