

Child & Family Development
Youth Development Emphasis
Fall 2023 - Spring 2024

*Bolded classes are strongly recommended to be completed as suggested to remain on a four-year plan
 ^Caret symbol indicates classes with observation or practical experience included*

Advisement is a shared responsibility. This program guide is accurate only when validated with a current audit.

Please note grade requirements. A 'B-' is not a 'B' or higher. A 'C-' is not a 'C' or higher. Please refer to your syllabi for grading scales.

Excluding the FOUNDATIONS area, students may count no more than 3 classes with the same course code toward the general education requirement.

Semester 1	<u>Credit Hours</u>	<u>Grade Req</u>
GEP 101 First-Year Foundations or UHC 110 Freshmen Honors Seminar	2	
^CFD 160 Principles of Development in Early Childhood	3	C
CFD 150 Introduction to Child & Family Development	1	C
CFD 155 Principles of Human Development	3	C
ENG 110 Writing I	3	
GEC 104 Quantitative Literacy (MTH 130 preferred)	3	
Total Credit Hours	15	

Semester 3	<u>Credit Hours</u>	<u>Grade Req</u>
^CFD 260 Observing, Assessing, & Creating Activities for Young Children	4	C
HST 121 or HST 122 Survey of the History of the United States to 1877 or since 1877	3	
GEC 105 Written Communication & Integrative & Applied Learning (ENG 210 preferred)	3	
GEC 111 Humanities	3	
Approved Support Elective	3	C
Total Credit Hours	16	

Semester 5	<u>Credit Hours</u>	<u>Grade Req</u>
Approved Support Elective	3	C
CFD 562 or CFD 662 Prevention of Child Abuse & Neglect	3	C
Approved Support Elective	3	C
GEC 109 Physical Science	3	
GEC 116 Public Issues	3	
Total Credit Hours	15	

Semester 2	<u>Credit Hours</u>	<u>Grade Req</u>
COM 115 Fundamentals of Public Speaking	3	
CFD 163 Relationships in Today's Families	3	C
CFD 110 Health, Safety & Nutrition	3	C
BIO 101 & BIO 111 Biology in Your World & Laboratory for Biology in Your World	4	
PSY 121 Introductory Psychology	3	
Total Credit Hours	16	

Semester 4	<u>Credit Hours</u>	<u>Grade Req</u>
CFD 250 Parenting in Contemporary Society	3	C
PLS 101 American Democracy & Citizenship	3	
GEC 112 The Arts	3	
GEC 115 Cultural Competence	3	
CFD 305 Multicultural Studies in Child & Family Development	3	C
Total Credit Hours	15	

Semester 6	<u>Credit Hours</u>	<u>Grade Req</u>
CFD 360 Planning & Implementing Curriculum for Child Development Centers (SP Only)	5	C
^CFD 560 or CFD 660 Family Engagement	3	C
CFD 505 Trends & Issues in Youth Development	3	C
Approved Support Elective	3	C
Approved Support Elective	3	C
Total Credit Hours	17	

[Review the Child Development Senior Checklist.](#)




Semester 7	<u>Credit Hours</u>	<u>Grade Req</u>
CFD 366 Preparation for the Professional Internship	1	C
CFD 301 Play as Development	3	C
^CFD 563 or CFD 663 Administration of Programs for Children & Families	3	C
CFD 557 or CFD 657 Growth & Development: Middle Childhood to Adolescence	3	C
Approved Support Elective	3	C
Approved Support Elective	1	C
Total Credit Hours	14	

Semester 8 INTERNSHIP	<u>Credit Hours</u>	<u>Grade Req</u>
^CFD 466 Internship in Programs for Children, Youth, Adults, & Families	6	C
Approved Support Elective	3	C
General Elective	3	
Total Credit Hours	12	

The CFD 466 Internship is 300 hours and will be arranged in CFD 366.

Child and Family Development | Experiential Major Map

Bachelor of Science

	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR																																									
<p>Grow ACADEMICALLY</p> 	<p>Investigate introductory courses like CFD 150 Introduction to Child and Family Development.</p> <p>Familiarize yourself with your department by getting to know the professors and other students within and outside your major.</p> <p>Participate in your first practicum experience working with children in CFD 160 Principles of Development in Early Childhood.</p>	<p>Consider adding a minor.</p> <p>Begin researching internships or jobs that interest you.</p> <p>Discover more about your major by engaging in CFD 260 Observing, Assessing, and Creating Activities for Young Children.</p> <p>Explore Accelerated Master's options. You can apply to the graduate college after you have earned 60 credit hours.</p>	<p>Consider what internships you have available.</p> <p>Engage more in your department by taking classes such as CFD 560 Family Engagement.</p> <p>Consider taking some courses for mixed credit to count for both your bachelor's degree, as well as a master's degree.</p>	<p>Explore internship opportunities in CFD 366 Preparation for the Professional Internship.</p> <p>CFD 466 Internship in Programs for Children, Youth, Adults, and Families (300 hour internship) will prepare you for your desired career path upon graduation.</p> <p>Take the exit survey.</p> <p>Apply to graduate.</p>	<p>A Few Careers in CFD</p> <table border="0"> <tr> <td>Activity Director-Camps</td> <td>Family Court Advocate</td> </tr> <tr> <td>Adolescent Transition Specialist</td> <td>Government Agencies</td> </tr> <tr> <td>Adoption/Foster Care Programs</td> <td>Head Start & Early Head Start</td> </tr> <tr> <td>Advocacy-local, state, national</td> <td>Health Care Facilities</td> </tr> <tr> <td>Author-Children's Books</td> <td>Homeless Shelters</td> </tr> <tr> <td>Behavior Specialist*</td> <td>Juvenile Detention Facilities</td> </tr> <tr> <td>Board of Education</td> <td>Juvenile Literacy Programs</td> </tr> <tr> <td>Boys and Girls Town or Scouts</td> <td>Literacy Programs</td> </tr> <tr> <td>Child Care Center Teacher</td> <td>Marriage & Family Therapist*</td> </tr> <tr> <td>Child Care Director</td> <td>Maternal & Child Health</td> </tr> <tr> <td>Child/Family Advocate</td> <td>Nanny Positions</td> </tr> <tr> <td>Community Recreation Programs</td> <td>Non-Profit Organizations</td> </tr> <tr> <td>Community Service Agencies</td> <td>Paraprofessional</td> </tr> <tr> <td>Court Appointed Special Advocate</td> <td>Parents as Teachers</td> </tr> <tr> <td>Crisis Nursery Programs</td> <td>Pediatric Nutritionist</td> </tr> <tr> <td>Curriculum Development Specialist*</td> <td>Preschool Programs</td> </tr> <tr> <td>Development Specialist-Toys</td> <td>Special Needs Programs</td> </tr> <tr> <td>Developmental Disability Worker</td> <td>Victim's Witness Advocate</td> </tr> <tr> <td>Educational Therapist</td> <td>YMCA & YMCA programs</td> </tr> <tr> <td>Family Advocate</td> <td>Youth Minister</td> </tr> </table> <p>*Requires Training and/or Certification.</p>	Activity Director-Camps	Family Court Advocate	Adolescent Transition Specialist	Government Agencies	Adoption/Foster Care Programs	Head Start & Early Head Start	Advocacy-local, state, national	Health Care Facilities	Author-Children's Books	Homeless Shelters	Behavior Specialist*	Juvenile Detention Facilities	Board of Education	Juvenile Literacy Programs	Boys and Girls Town or Scouts	Literacy Programs	Child Care Center Teacher	Marriage & Family Therapist*	Child Care Director	Maternal & Child Health	Child/Family Advocate	Nanny Positions	Community Recreation Programs	Non-Profit Organizations	Community Service Agencies	Paraprofessional	Court Appointed Special Advocate	Parents as Teachers	Crisis Nursery Programs	Pediatric Nutritionist	Curriculum Development Specialist*	Preschool Programs	Development Specialist-Toys	Special Needs Programs	Developmental Disability Worker	Victim's Witness Advocate	Educational Therapist	YMCA & YMCA programs	Family Advocate	Youth Minister
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<p>Embrace PUBLIC AFFAIRS</p> 	<p>Visit the Public Affairs website and participate in Public Affairs events and conferences.</p> <p>Engage in volunteer and leadership opportunities, like becoming a Bear Power Ambassador.</p>	<p>Consider volunteering on campus or with a community organization.</p> <p>Explore organizations with a global perspective, such as the Association of International Students, through Bear Link.</p> <p>Are you interested in studying abroad? Ask your advisor about study abroad opportunities.</p>	<p>Take more responsibility in your extra-curricular activities. Make a new member feel welcome.</p> <p>Check out the Peace Corp Prep program.</p> <p>Consider a leadership role within a campus organization or as a University Ambassador or SOAR leader.</p>	<p>Spread the word about what clubs/organizations/events you have enjoyed and help others to get connected on campus.</p> <p>Assess what opportunities, locally and globally, are available upon graduation.</p> <p>Engage in CFD 563 Administration of Programs for Children and Families and explore services available for children and families in your community.</p>																																									
<p>Plan for YOUR FUTURE</p> 	<p>Identify your interest, skills, work values, and personality by taking career assessments.</p> <p>Use Student Employment to find work on campus</p> <p>Visit the Career Center to discover information and job projections for careers that interest you.</p>	<p>Schedule an appointment with the Career Center for information on building your résumé.</p> <p>Begin exploring options you have to volunteer or work with children and families in the community.</p>	<p>Gain experience by finding a job working with children.</p> <p>Explore graduate programs if you desire to continue your education.</p> <p>Attend career fairs.</p>	<p>Identify and ask individuals if they will write you letters of reference/ recommendation.</p> <p>Finalize your résumé and cover letter with the Career Center.</p> <p>Get interview practice with a Career Center specialist or virtually at Big Interview.</p>	<p style="text-align: center;">Academic Success Checklist</p> <ul style="list-style-type: none"> • Discover library resources like IG12 • Book an appointment with your academic advisor • Visit the Bear Claw writing and tutoring center <ul style="list-style-type: none"> • Complete FAFSA • Apply for scholarships <p style="text-align: center;">Career Development Checklist</p> <ul style="list-style-type: none"> • Apply for on-campus jobs • Join a student group • Make an appointment with a career counselor 																																								