

Bonni (Nickens) Behrend, PhD., LPC, RPT

EDUCATION

The University of Arkansas Fayetteville, AR
Doctor of Philosophy Degree 2013-2016
Counselor Education and Supervision
Cognate: Educational Psychology
Dissertation Title: *A Study Exploring Elementary School Counselors' Experience of Self-Efficacy*

The University of Arkansas Fayetteville, AR
Master of Science Degree 2010- 2013
Counselor Education: School Counseling Emphasis
Licensed as a School Counselor (2013)

The University of Arkansas Fayetteville, AR
Post Graduate Certificate 2009- 2013
Educational Psychology
18 Hours of Upper Level Coursework

The University of Arkansas Fayetteville, AR
Master of Science Degree 2008 – 2011
Educational Statistics and Research Methods
Emphasis in Educational Psychology
Thesis Title: *More than Ability: Exploring Non-Cognitive Factors of Success in an Engineering Program*

Missouri State University Springfield, MO
Bachelor of Science Degree 1998 – 2002
Psychology
Departmental Honors

TEACHING EXPERIENCE

***Assistant Professor:
Counseling*** ***Missouri State University
Fall 2020-current***

I serve as core faculty of counseling courses taught on-campus and online. The experience that I am gaining from these opportunities include lesson planning, instructional technique, and establishing/ maintaining student relationships.

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Counseling Adjunct Course Instructor

***Adjunct Faculty:
University of Arkansas***

SP 16, FA 17, SP 18, FA 18, SP 19

- CNED 5333: Foundations of the Counseling Profession
- CNED 5323 Counseling Theory
- CNED 5303 Individual Appraisal
- CNED 5393 School Counselor Practicum/Internship

I serve as an adjunct instructor of counseling courses taught on-campus. The experience that I am gaining from these opportunities include lesson planning, instructional technique, and establishing/ maintaining student relationships.

Undergraduate Course Instructor

***Adjunct Faculty:
Northwestern Oklahoma State***

Summer 2016

- Curriculum development
- Grading/Meeting with Students

I served as an instructor of PSYC: 3533 Introduction to Psychology Statistics. This course was taught on-campus and covered introductory statistical terms, calculations, and testing. The experience gained from this opportunity included lesson planning, instructional technique, and establishing/ maintaining student relationships.

Master's Courses Adjunct Instructor

***Adjunct Faculty:
University of Arkansas***

FA 14, SP 15, FA15, FA 18, FA 19

- EDFD 5573: Life Span and Human Development
- EDFD: Psychological Foundations in Education
- ESRM 5013: Research Methods in Education

I serve as an adjunct instructor of online Master's level courses offered through Blackboard at the University of Arkansas through the Educational Statistics and Research Methods Department. The experience gained from this opportunity includes lesson planning, online instructional technique, and student relations.

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***Graduate Teaching Assistant:
Undergraduate Instructor***

University of Arkansas
Spring 2013- 2016

- Curriculum development
- Grading/Meeting with Students

I was an instructor of CNED 3053: The Helping Relationship and CNED 4003: Classroom Human Relations. The courses are undergraduate course offered for students who are Kinesiology majors and Education majors at the University of Arkansas, and it consists of mainly sophomore and junior level undergraduates. The experience gained from this opportunity includes lesson planning, instructional technique, and student relations.

***Graduate Teaching Assistant:
Undergraduate Instructor***

University of Arkansas
Spring 2011

- Curriculum development
- Grading/Meeting with Students

As a GA for ESRM, I was an instructor of two sections of the course *EDFD: 2403 Introduction to Statistics*. The course consists of mainly sophomore and junior level undergraduates applying to the School of Nursing. The experience gained from this opportunity included lesson planning, instructional technique, and student relations.

Graduate Teaching Assistant

University of Arkansas
2009-2010

- Curriculum development
- Assisted in grading

After completion of the Educational Psychology core in the ESRM Master's program, I assisted in curriculum development and grading of the Life-Span and Human Development course (EDFD 5573). Assistance in curriculum development included discussion of current course design. The experience gained from being a teaching assistant included upper level classroom management, curriculum development skills, and instructional delivery.

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PEGS Research Assistant

University of Arkansas

2008-2010

- Implementation of pre-determined curriculum
- Classroom management of students with behavioral issues

PEGS was a study embedded in the school system, which examined the impact of bullying behaviors in the academic setting. In addition to engaging in the research aspect of this project, I taught psychosocial lessons to groups of students in grades 4-6 for a 7 week period in the fall term for two consecutive years. The experience gained from this research project was classroom management for children with behavioral issues and differentiated instruction for children with special needs.

Paraprofessional: Grant Research Assistant

Ozark Guidance

2007-2008

- Curriculum Development
- Naturalistic Observation of Classroom Instruction
- Assessment and Evaluation of Teacher Behaviors in the Classroom

As a paraprofessional and research assistant in the State funded Intervention And Prevention Initiative, my responsibility was to assist in co-developing and co-teaching a needs-based professional development curriculum for early childhood educators on the social and emotional needs of children in the classroom. Areas of professional development were determined through naturalistic observation of the teacher's behaviors in the classroom as well as per teacher request. My other responsibilities included carrying out therapeutic treatment plans and working closely with families of the children. The experience gained included a better understanding of teacher's needs in the classroom, the relationship between a counselor and an educator, and the relationship between counselor and caregiver.

Substitute Teacher

Reeds Spring, MO & Galena, MO

2005-2007

- Classroom Management

As a substitute teacher, I taught supplemental lessons to students in grades pre-K through high school. I subbed in the content areas of Honors English, English, Theatre, Chemistry, Biology, pre-K classroom, and Librarian. I was responsible for classroom management and the reporting of all activities which ensued in the absence of the instructor. The experienced gained included: classroom instruction, classroom management, and time management.

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COUNSELING EXPERIENCE

***School Counselor:
Owl Creek School***

Fayetteville, AR 2017- 2020

In this role, I am responsible for the delivery of a comprehensive guidance program presented throughout the elementary levels (k – 4). In this program, I deliver services through individual and group counseling. I also consult with teachers, administrators, and social workers. I also communicate frequently with parents. In this role, I also am responsible for the creation and implementation of a developmentally appropriate social and emotional curriculum based on data driven decision making and needs of the school.

***School Counselor:
Westside Elementary***

Rogers, AR 2016-2017

As the only school counselor, I was responsible for the delivery of a comprehensive guidance program presented throughout a kindergarten through 5th grade level as well as a self-contained and ALE classroom. In this program, I delivered services through individual and group counseling, through consultation with teachers and administrators, and communication with parents. In this role, I also was responsible for the creation and implementation of a developmentally appropriate social and emotional curriculum.

***Graduate Clinician:
Counseling and Psychological Services (CAPS)***

***University of Arkansas
Fayetteville, AR 2015-2016***

As a graduate clinician, I was responsible for an 8 – 10 client load. CAPS operates through the health center on campus that serves the undergraduate and graduate populations on campus. In this role, I performed therapeutic individual counseling, group counseling as well as campus outreach. I was responsible for maintaining current notes and paperwork for clients through the Titanium system while working towards hours for Licensed Professional Counselor designation in Arkansas.

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Supervision: CNED Master's Students

***University of Arkansas
Fayetteville, AR FA14, SP15***

As part of the supervision requirements for the U of A doctoral program, I was responsible for supervision of eight Master's students from the school counseling track as well as the mental health in schools focus. In this role, I gave supervision, individual and triadic, for one hour per week for both semesters. As a doctoral supervisor, it was my role to assist practicum and internship students in improving their therapeutic skills as well as promote personal self-growth. It was also my responsibility to review recordings of work and provide constructive feedback.

Doctoral Practicum: School Counseling

***Fayetteville High School
Fayetteville, AR Fall 2014***

As a doctoral practicum student, I was responsible for individualized therapeutic meetings with students and parents for social and emotional needs. I was responsible for the management of student classroom behavior plans, schedule changes, and provided assistance as needed to teachers in the classroom. I assisted the school counselor in administrative tasks and in meetings with administrative agents, teachers, and parents.

Graduate Assistantship:

***College and Career Coaching- Fayetteville High School Razor COACH Program
Fayetteville, AR 2012-2013***

As a college and career coach, I assisted 23 senior students in planning and implementation of goals for post-secondary academics or careers. I was responsible for assisting students in the necessary paperwork, deadlines, and standardized tests needed for entrance into post-secondary institutions. I also helped the students to establish goals to meet during their senior year of high school and assisted in empowering them to be their own agents for their futures beyond high school. In this role, I met with students individually as well as in small interest groups on a weekly basis and maintain communication about upcoming events and deadlines via email and electronic messaging.

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Internship: School Counseling

***Washington Elementary
Fayetteville, AR 2012-2013***

As an internship student, I was responsible for individualized therapeutic meetings with students and parents for social and emotional needs. I also assisted in developing and implementing guidance lessons for K through 5th grade students. I was responsible for the management of student classroom behavior plans and provided assistance as needed to teachers in the classroom. I was responsible for the design and development of a 4th grade girls “friendship skills” group as well as various academic work groups. I assisted the school counselor in administrative tasks and in meetings with administrative agents, teachers, and parents.

Practicum Intern: School Counseling

***Washington Elementary
Fayetteville, AR Spring 2012***

As a practicum school counseling student, I was responsible for observation and assistance of the multi-faceted work of a school counselor. I assisted in tasks such as teaching guidance lessons, designing curriculum for guidance lessons, creating and implementing needs assessments, designing and managing classroom behavior plans, meeting with students for individual treatments, meeting with small groups for building social and emotional skills, meeting with parents, administrators, and teachers in regards to student needs, and observation of the administering of standardized testing. I also attended weekly supervision meetings with my site supervisor, my doctoral student supervisor, and practicum supervisor.

Mental Health Paraprofessional

Ozark Guidance Center 2007-2008

As a mental health paraprofessional, I was responsible for the implementation of treatment plans as designed by team therapists. I assisted in non-directive play therapeutic techniques, small social and emotional therapeutic groups as well as classroom assistance for modeling behavior. I also experienced working in the therapeutic day treatment program for preschool students and the summer school therapeutic day program designed for school based preschool students.

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RESEARCH EXPERIENCE

The University of Arkansas

Graduate Research Assistant: CNED

Fayetteville, Arkansas

Summer 2012

As a graduate research assistant for the Razor COACH Program through the Counselor Education Department, my responsibilities included planning, compiling, and assimilating data for a privately funded grant evaluation.

The University of Arkansas

Graduate Assistant: NORMES

Fayetteville, Arkansas

2008 - 2011

As a graduate assistant at the National Office for Research on Measurement and Evaluation Systems (NORMES), my responsibilities included compiling and assimilating data for a state funded grant evaluation report. I also assisted in interdisciplinary office research through writing literature reviews for grant proposals.

The University of Arkansas

Research Assistant: PEGS/ Bully Busters

Fayetteville, Arkansas

2008 - 2010

As a research assistant for the PEGS (Psycho-Educational Groups) project and the Bully Busters project, I assisted in the collection of student data. I also assisted in the creation of the article which was submitted and accepted for journal publication. My role in the writing of the article involved literature review as well as edits to the text.

PROFESSIONAL PRESENTATIONS

Behrend, B.N. & Little, M. (2019). Supporting Trauma Work with Children in Schools: Trends, Tips, and Ways to Help. Accepted for presentation at Arkansas Counseling Association; Hot Springs, AR

Hartman, J. & **Behrend, B.N.** (2019). Mindfulness and movement in play. Presented at Arkansas School Counselor Association (ARSCA); Hot Springs, AR

Hartman, J. & **Behrend, B.N.** (2019). Mindfulness and movement in play. Presented at the Northwest Arkansas Play Therapy Association Conference; Siloam Springs, AR

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- Behrend, B.N.**, Suarez, A., & Carver, C. (2019). Am I doing this right? Observing self- efficacy of elementary school counselors. Presented at American Counseling Association (ACA); New Orleans.
- Suarez, T. & **Behrend, B.N.** (2018). Doctoral Student Marriages: Recommendations for Students, Spouses, and Counselor Educators . Presented at Southern Association for Counselor Education and Supervision (SACES); Myrtle Beach, NC.
- Higgins, K. & **Behrend, B.N.** (2018). Find the Money: Accessing Grants for University Programs. Presented at Southern Association for Counselor Education and Supervision (SACES); Myrtle Beach, NC.
- Behrend, B.N.** (2018). Trauma and Crisis in Schools. Guest Speaker at the University of Arkansas Crisis Class.
- Behrend, B.N.** (2018). Public Educators Unite: A Call to Action. Speaker and Panel Member for Fayetteville Education Association (FEA)
- Behrend, B. N. &** Keller-Dupree, E. (2016). *Creatively Using Joy in the Classroom* Presented at Association for Creativity in Counseling Conference (ACC); Savannah, GA.
- Keller-Dupree, E. & **Behrend, B. N** (2016). *Strengths-Based Counselor Training: A Hands On Approach*. Presented at Association for Creativity in Counseling Conference (ACC); Savannah, GA
- Behrend, B.N.** (2016). Exploring Role Ambiguity and Self- Efficacy of Elementary School Counselors. Presented at American Educational Research Association Conference (April 2016): Washington, DC
- Behrend, B.N. &** Little, M. (2015). No Time For Me: Self-care for the practicing school counselor. Presented at Missouri School Counselor's Association Conference (November 2015): Lake of the Ozarks, MO
- Higgins, K., **Behrend, B.N.**, & Little, M. (2015) Razor COACH: Creating Opportunities for Arkansans' Career Hopes. Presented at Association for Counselor Education and Supervision Conference (ACES): Philadelphia, PA.
- Behrend, B.N.** (2015). Walking in my shoes: Creative approaches to teaching empathy to non-counselors. Presented at Association for Creativity in

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Counseling Conference: San Antonio, TX

Perryman, K.L. & **Behrend, B.N.** (2015). Themes and Metaphors: Using Sand play in supervision. Presented at Association for Creativity in Counseling Conference: San Antonio, TX

Thommasson, T. & **Behrend, B.N.** (2014). How's your wellness wheel turning?: Balanced self-care for today's counselor. Presented at Arkansas Counselors Association Conference: Hot Springs, AR.

Behrend, B. N. & Keller-Dupree, E. (2012). *Outliers: Creativity when teaching statistics and research methods in core classes.* Presented at Association for Creativity in Counseling Conference; Memphis, TN.

Keller-Dupree, E. & **Behrend, B.N.** (2012). Creativity in teaching core curriculum in counselor education programs. Presented at Association for Creativity in Counseling Conference; Memphis, TN.

Airola, D., Dunn, K. E., Garrison, M., & **Nickens, B.** (2011). *Becoming data-driven: The influence of data-driven decision making efficacy beliefs on teachers' consequence concerns.* Paper presented at the American Psychological Association Convention; Washington D.C.

Behrend, B.N. (2011). What was different? Exploring non-cognitive factors in successful engineering students. Poster presentation. American Educational Research Association Conference; New Orleans, Louisiana.

Dunn, K. E., & **Behrend, B. N.** (2011). *Why they wait: The influence of motivation and anxiety on procrastination in online statistics students.* Paper presented at the American Educational Research Association Conference; New Orleans, Louisiana.

Mulvenon, S., **Behrend, B.N.**, & Johnson, C. S. (2011). *College readiness: Identifying and improving.* Paper presented at the American Educational Research Association Conference; New Orleans, Louisiana.

PROFESSIONAL PUBLICATIONS

Behrend, B.N. (In Submission 2019). Am I doing this right? Exploring role ambiguity, identity, and self-efficacy of elementary school counselors. In submission to Professional School Counselor.

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Newgent, R.A., Higgins, K., Belk, S., **Behrend, B.N.A.**, & Dunbar, K.A. (2011). Psychosocial prevention education: A comparison of traditional vs. thematic prevention programming for youth. *The Professional Counselor: Research and Practice*, 1 (2), 122-132.

Newgent, R.A., Higgins, K., Belk, S., **Behrend, B.N.A.**, & Dunbar, K.A. (2011). Psychosocial prevention education: A comparison of traditional vs. thematic prevention programming for youth. *The Professional Counselor: Research and Practice*, 1 (2), 122-132.

Newgent, R.A., **Nickens, B.A.**, Lounsbery, K.L. & Higgins, K.K. (2011). Bully busters modified: The impact of a brief universal intervention on teacher efficacy, skills and knowledge and peer victimization. *ERS Spectrum Online*

Newgent, R.A., **Behrend, B.A.**, Lounsbery, K.L., Higgins, K.K., Lo, W. (2010). Psychosocial educational groups for students (PEGS): An outcome-based program evaluation of the treatment efficacy and effectiveness of a school-based intervention program. *Counseling Outcomes and Research Evaluations*, DOI:10.1177/2150137810373919.

NORMES. (2008). *Arkansas Reading First: Evaluation Report*. Unpublished manuscript, National Office for Research on Measurement and Evaluation Systems (NORMES), University of Arkansas, Fayetteville, Arkansas.

NORMES. (2009). *Arkansas Reading First: Evaluation Report*. Unpublished manuscript, National Office for Research on Measurement and Evaluation Systems (NORMES), University of Arkansas, Fayetteville, Arkansas.

Olmstead, G., Johnson, C. Brashears, C., Blackford, K., Neuhaus, T., **Nickens, B.**, Graham, K., Stegman, C. (2009). *Arkansas Education Renewal Zone (ERZ) Initiative Statewide Program Evaluation Year 4 2008-2009 Final Report*. Unpublished manuscript, National Office for Research on Measurement and Evaluation Systems (NORMES), University of Arkansas, Fayetteville, Arkansas.

PROFESSIONAL MEMBERSHIPS

American Counselors Association (ACA)
Association for Counselor Education and Supervision (ACES)
Southern Association for Counselor Education and Supervision (SACES)

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Association for Creativity in Counseling (ACC)
Chi Sigma Iota- Rho Alpha Beta (CSI)
Arkansas Counselors Association (ArCA)
Arkansas School Counselors Association (ArSCA)
Association for Play Therapy (APT)
NW Arkansas Play Therapy Association (NWA-APT)

PROFESSIONAL DEVELOPMENT

Office for Play Therapy Research and Training, Bonnie Badenach 2019
Certificate in Trauma Treatment for Children and Adolescents, 2018
RAMP up your School Counseling Program; ASCA Training, 2017
Office for Play Therapy Research and Training, Theresa Kestley 2017
Association for Creativity in Counseling (ACC): Savannah, GA 2016
Office for Play Therapy Research and Training, Dee Ray 2016
Office for Play Therapy Research and Training, Garry Landreth 2015
Arkansas Play Therapy Association Training, JBU 2015
Arkansas Counselors Association Conference: Hot Springs, AR 2014
Missouri Play Therapy Association Conference: Lake of the Ozarks, MO 2014
Arkansas Play Therapy Association Training: Fayetteville, AR 2013
Association for Creativity in Counseling Conference: Memphis, TN 2012
Training for Arkansas Works College and Career Program, Summer 2012
Seminar for Conduct & Responsible Research, U of A, Fall 2011
American Educational Research Association Conference: New Orleans, LA 2011
American Educational Research Association Conference: Denver, CO 2010
Summer SAS Intensive - NORMES 2009
Arkansas Play Therapy Association Conference: Springdale, Arkansas 2007
P.A.L.S. Training - Springdale, Arkansas 2007

HONORARY MEMBERSHIPS & AWARDS

University of Arkansas Graduate School Doctoral Academy Fellow 2013-2016
RHRC Departmental Honors- CNED Master's Student of the Year 2012
COHEP Departmental Honors- ESRM Master's Student of the Year 2011
Golden Key National Honor Society